



Sovereign Lake Free Technique Loppet

Race Notice

**DAYLIGHT SAVINGS TIME CHANGE AT 2 A.M. SUNDAY MORNING
(WE SPRING AHEAD ONE HOUR!)**

- DATE:** Sunday March 12, 2017
- BIB PICKUP:** **8am-9:15am** at the Race Office on Sunday March 12
- LOCATION:** Sovereign Lake Nordic Centre, Vernon, BC
- START TIMES:** 9:40 am 2 km
10:00 am 10, 15 and 30 km
- HOST CLUB:** Sovereign Lake Nordic Club www.sovereignlake.com
- TECHNIQUE:** Free Technique
- RULES:** CCC Rules and regulations
- INFORMATION:**
- | | |
|---------------------------|-----------------------------|
| Race Director | Jennifer Hyde |
| Registration Co-ordinator | Kim Taylor |
| Course & Stadium set up | Randy Savoie, Lothar Muller |
| Food Co-ordinator | Kim Blakely |
| Volunteer Co-ordinator | Marie-Jose Gagnon |
- CONTACT:** race@sovereignlake.com
- ELIGIBILITY:** **This race is designed to appeal to athletes of all levels and abilities**
- LICENCES:** No Race Licence is required

RACE ENTRIES: **ONLINE ONLY @ www.zone4.ca** Locate Sovereign Lake Loppet in the online registration and enter your information. Credit Card payment is required. Check the zone4 confirmation list to ensure that you have registered correctly.

Skiers in the Sovereign Lake Skill Development Programs must register online but will need a discount code. See your coach for your zone4 code.

DEADLINE: Entries must be received by Friday March 10, 2017 at 11:59 pm.

NO LATE ENTRIES WILL BE ACCEPTED.

BIB PICKUP: Bib pickup will be available at the Race Office on Sunday March 12 between 8:00 and 9:15. **Bibs must be picked up, by registered participant, by 9:15 am.**

AWARDS: Awards for the SLNC Loppet will be held on the site at 1pm. TONS of draw prizes to be awarded!

WAXING: A wax room and limited number of outdoor outlets are available at the Sovereign Lake Nordic Centre.

WARM UP/WAX TESTING: A warm up/wax testing area will be available near the start area.

COURSE MAPS: Course maps will be available for viewing at the site and online at www.sovereignlake.com/event/sovereign-lake-loppet/

FOOD: Light lunch will be provided for Race Participants and Volunteers. This is included in the race entry fee. A food concession is also available.

ACCOMMODATION:

A variety of accommodation options are available in the Vernon area www.tourismvernon.com and at Silver Star Mountain Resort www.skisilverstar.com

VOLUNTEER REGISTRATION: www.volunteersignup.org/YE3FX

START TIMES: **9:40 am** 2 km
10:00 am 10, 15 and 30 km

Race Categories (Age as of Race Day)

Category (in both male and female)	Course Colour	Distance	Race Fee*
7 and under	Yellow	2.0	10.00
8-10**	Yellow	2.0	10.00
11- 13**	Yellow	2.0	15.00
8-10**	Blue	10.0	10.00
11- 13**	Blue	10.0	15.00
14-17	Blue	10.0	15.00
18-29	Red	30.0	30.00
30-39	Red	30.0	30.00
40-49	Red	30.0	30.00
50-59	Red	30.0	30.00
60-69	Red	30.0	30.00
70+	Red	30.0	30.00
Recreational (no age groups)	Red	15.0	30.00

***Race Fee includes trail pass for Sovereign Lake Nordic Centre and lunch**

***Cancellation and refunds:** Refunds (less \$10 admin fee) will be given for medical reasons. Medical documentation must be received before the registration deadline. No refunds for withdrawals or no shows. In the event of cancellation due to weather, fees less incurred expenses will be refunded.

****Age groups 8-10 and 11-13 have a choice of either 2k event or 10k event. Race fee is the same.**

Thanks to our amazing sponsors!!!



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