

SOVEREIGN LAKE NORDIC CLUB

AMBULANCE CALL CHECKLIST

EMERGENCY: 911

NON-EMERGENCY: (250) 542-4303

- Number you are calling from (call back #): (250) 558-3036
- Name and address of Venue: 250 Sovereign Lake Rd.
V1T 6N6
- Type of Emergency: **Routine** **Medical** **Life Threatening**

- Injured Persons Name, Age and Gender
- Medical Conditions or Medic Alert
- Signs and Symptoms
- Major Bleeding
- Level of Consciousness
- Breathing Rate (in addition to improving or deteriorating)
- On Oxygen
- Artificial Airway Inserted
- Pulse Rate (in addition to improving or deteriorating)
- Time on CPR
- C-Spine Concerns
- PMS (Pulse/Motor/Sensation) in extremities
- Location of Injured Person (lodge / first aid room / trail)
- Someone will meet the ambulance at the parking lot entrance.
- If on trails, estimated arrival time to the lodge