



40th Sovereign Lake Free Technique Loppet

Race Notice

**PLEASE BE AWARE OF THE DAYLIGHT SAVINGS TIME CHANGE AT 2 A.M. SUNDAY MORNING.
WE SPRING AHEAD ONE HOUR!**

- DATE:** Sunday March 11, 2018
- BIB PICKUP:** **8am-9:15am** at the Race Office on Sunday March 11
- LOCATION:** Sovereign Lake Nordic Centre, Vernon, BC
- HOST CLUB:** Sovereign Lake Nordic Club www.sovereignlake.com
- TECHNIQUE:** Free Technique
- RULES:** CCC Rules and regulations
- INFORMATION:**
- | | |
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| Chief of Race | Jennifer Hyde race@sovereignlake.com |
| Chief of Stadium | Troy Hudson |
| Chief of Course | Garry Denman |
| Admin Assistants | Heather Trueman & Kim Taylor |
| Food | Christine Peckham |
- ELIGIBILITY:** **This race is designed to appeal to athletes of all levels and abilities**
- LICENCES:** No Race Licence is required
- RACE ENTRIES:** **Online Only at:** www.zone4.ca Locate the Sovereign Lake Loppet in the online registration, in upcoming races, and enter your information. Credit Card payment is required. Check the zone4 confirmation list to ensure that you have registered correctly.
- DEADLINE:** Entries must be received by Thursday March 8, 2018 at 11:59 pm.

NO LATE ENTRIES WILL BE ACCEPTED.

BIB PICKUP: Bib pickup will be available at the Race Office on Sunday March 11 between 8:00 and 9:15. **Bibs must be picked up, by registered participant, by 9:15 am.**

AWARDS: Awards for the SLNC Loppet will be held on the site at 1pm. Draw prizes to be awarded.

WAXING: A wax room and limited number of outdoor outlets are available at the Sovereign Lake Nordic Centre.

WARM UP/WAX TESTING: A warm up/wax testing area will be available near the start area.

COURSE MAPS: Course maps will be available for viewing at the site and online at www.sovereignlake.com/event/sovereign-lake-loppet/

FOOD: Light lunch will be provided for Race Participants and Volunteers and is included as part of the race entry fee. A food concession is also available.

ACCOMMODATION:

A variety of accommodation options are available in the Vernon area www.tourismvernon.com and at Silver Star Mountain Resort www.skisilverstar.com

Race Schedule

START TIMES:

9:40 am Stussi 2 km

10:00 am Mass start for the 30km, 15k and 10km events

Race Categories (Age as of March 11, 2018)

Category	Course Colour	Distance	Race Fee*
7 and under	Yellow	2.0	10.00
8-10	Yellow	2.0	10.00
11- 13	Yellow	2.0	10.00
14-17	Blue	10.0	15.00
18-49	Blue	10.0	20.00
50+	Blue	10.0	20.00
18-29	Red	30.0	30.00
30-39	Red	30.0	30.00
40-49	Red	30.0	30.00
50-59	Red	30.0	30.00
60-69	Red	30.0	30.00
70+	Red	30.0	30.00
15k Recreational (no age groups)	Red	15.0	30.00

***Please note that fees increase by \$5 for ages 0-17 years, and \$10 for 18+ after March 2nd. Race Fee includes trail pass for Sovereign Lake Nordic Centre and lunch**

***Cancellation and refunds:** Refunds (less \$10 admin fee) will be given for medical reasons. Medical documentation must be received before the registration deadline. No refunds for withdrawals or no shows. In the event of cancellation due to weather, fees less incurred expenses will be refunded.

Thank You to our Sovereign Lake Nordic Club Sponsors!



You're at home here.



ARMSTRONG REGIONAL COOPERATIVE

