

Event Invitation

SLNC Biathlon Regional Fun Race



December 15 and 16, 2018

Host: Sovereign Lake Nordic Club

1. General Information

Location:

Sovereign Lake Nordic Centre, Vernon, B.C.

Driving Directions:

We are located east of Vernon, off the road to Silver Star Mountain. Head for Silver Star. After about 18 km, turn left at the Sovereign Lake Nordic Centre sign, and then left again to get to the SLNC Lodge. The Lodge is about a 30 minute drive from Vernon.

Competition Committee:

Chief of Competition: Bert Mueller

Chief of Course: Lance Crump

Chief of Race Office: Avalon Richter

Chief of Range: Scott Hanry

Chief of Stadium: TBDetermined

Chief of Timing: Lynn Algra

Competition and Volunteer Co-coordinator: Laurie Dusik

Rifle Import Regulations:

Teams and individual competitors from outside of Canada must declare their rifles at the Canadian border, complete the necessary documentation, and pay the required fees when bringing rifles and ammunition into Canada. All athletes must register their own rifles and pay the applicable fee. Refer to the government website at <http://www.cbsa-asfc.gc.ca/import/iefw-iefw-eng.html> for guidelines.

2. Competition Information

Registration:

Register online at www.zone4.ca. Entry fee is \$25 per biathlete per competition, which includes a ski day pass. Payment must be made using a credit card; no other method of registration will be accepted.

Registration Deadline:

Monday, December 10th at midnight.

NO LATE ENTRIES WILL BE ACCEPTED.

Refund Policy:

If an athlete withdraws before the registration deadline, a full refund minus any service charge will be sent. **No refunds will be given after the registration deadline.**

Event Schedule:

Friday December 14 2018

No official training.

Saturday December 15, 2018 Modified Super Sprint

9:00 – 9:30 am - bib pick up

9:45 - 10:00 am - Coaches meeting at range

10:00 to 10:50 am - Zero

11:00 am - Start

Sunday December 16, 2018 –Fun Mixed Team Relay

9:00 – 9:30 am - bib pick up

9:45 – 10:00 am - Coaches meeting at range

10:00 to 10:50 am - Zero

11:00 am - Start

Eligibility:

Biathletes should be registered in a biathlon program. All competitors **MUST** be current members of Biathlon BC or an equivalent Provincial or State Biathlon Organization.

Competitors who do not have a valid Biathlon Canada or US Biathlon Association membership will be required to purchase a Biathlon BC Day Membership, which costs \$5.50 for each day of competition.

This is a regional race so results are not valid for Biathlon BC Cup points or squad selections.

This is intended to be a fun, low key event to provide competition experience to biathletes of all ages and skill levels. Categories for this event DO NOT comply with Biathlon BC/ Canada or IBU classes of competition. Select a competition category compatible with your skill level.

Classes of Competition:

The following classes/categories of competition will be run, depending upon entry numbers. Classes with fewer than three registrants may be combined with another class.

Category	Modified Super Sprint	Fun Mixed Team Relay
Open Men (carry rifle–must have PAL)	4.5 km PS	6.5 km PS
Open Women (carry rifle-must have PAL)	4.5 km PS	6.5 km PS
SR Boys (“rack to rack”)	4.5 km PS	6.5 km PS
SR Girls (“rack to rack”)	4.5 km PS	6.5 km PS
JR Boys (cuff + sling)	3.5 km PP	5.5 km PP
JR Girls (cuff + sling)	3.5 km PP	5.5 km PP
Juvenile (small targets + rest)	1.5km PP	2.5 km PP
Midget (large targets + rest)	1.5km PP	2.5 km PP

Course distances and difficulty for some competition categories may be different than recommended by Provincial or State Biathlon organizations due to limited ski trails available for our use. Distances are approximate and may change due to conditions on race days.

Format for Modified Super Sprint:

All competitors will have the opportunity for 2 races. For each shooting bout biathletes are allowed 5 extra hand loaded bullets to hit all targets. Penalties for remaining missed targets after 10 bullets to be determined.

Format for Fun Mixed Team Relay:

This is an unsanctioned competition format intended to increase the fun and participation level! Coaches and parents with previous biathlon experience are welcome to register and compete. Biathletes who register for this event will be age (+/- skill category) stratified and then randomly assigned to teams of 3. Ideally a team will be composed of 1 younger biathlete, 1 intermediate aged biathlete, and 1 older biathlete and will include a mix of biathletes from different clubs. The Relay will be a mass start with the oldest biathlete on each team competing first. The youngest biathlete on each team will compete last. The winning team will be first across the finish line. Each biathlete will have 3 ski loops and 2 shooting bouts, and will then tag off to their next team mate (except for the last biathlete). For each shooting bout biathletes are allowed 5 extra hand loaded bullets to hit all of their targets. For every remaining

missed target after 10 bullets, a “goofy” penalty must be performed. Costumes are encouraged, and there will be prizes awarded to teams with the best costumes. The costume theme is “Super Heros”, so use your imagination and be creative!

Awards:

For all competition categories, awards for the first three places will be given out, as well as participation awards.

Awards will also be given out for the teams with the best costumes for the Relay.

3. Logistical Information

Information and Contact Person:

Laurie Dusik: ldandbm@shaw.ca

Concession:

Sovereign Lake Nordic Centre sells drinks and snack items in the main Lodge. As well, there are lots of tables, indoor washrooms/change areas, and cozy woodstoves.

Waxing:

There is a waxing hut between the main parking lot and the biathlon range.