

Responding to a First Aid Incident

Patrollers will demonstrate safety, control and competency when called to an incident. During the course of an incident a patroller may be responsible for some or all of the following:

1. getting and inspecting a toboggan,
 2. bringing an unloaded toboggan to an incident site,
 3. securing a toboggan,
 4. incident site management,
 5. loading a patient,
 6. and operating a snowmobile with a loaded toboggan.
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- Identify a single staff member to be the Lodge Support Member. This person will stay in radio contact with the first responder on the trails and recorder incident times on the First Aid Form.
 - Take the first aid backpack (located in the staff room). Take any other equipment that you may need depending on the nature of the call.
 - Take a radio. If you think you will need extra help bring a second responder with you. Each responder should ALWAYS have a radio.
 - Check the snowmobile for fuel,
 - Check the toboggan to make sure it is packed and ready to go,
 - Wear a DOT approved helmet and bring a second helmet with you,
 - Attach the toboggan to the hitch and lock the hitch with the cotter pin,
 - Attach the safety lanyard from the toboggan to the snowmobile and tighten the carabiner
 - Communicate with the lodge when you are leaving and ask them to note the time,
 - Drive slowly in first gear and be aware of skiers in the stadium, it is a busy place.
 - Turn on alarm signal on hills, blind corners and when approaching skiers
 - Travel in the same direction as skier traffic when possible (unless a critical injury or below -15)
 - Stay to one side (on the right when going uphill). Do not drive down the middle to avoid creating a dangerous track set for skate skiers.
 - Note the location markers as you are driving,
 - Call the lodge when you arrive at the scene and ask them to note the time and location,
 - When parked leave snowmobile in neutral and apply e-brake if on a hill,
 - Leave toboggan hitched to the snowmobile and position the toboggan as close as possible to the injured skier leaving enough room to work,
 - Make sure scene is safe for yourself. Mark the site above the scene with cones to warn oncoming skiers,
 - Approach the patient face to face. Assess the patient (primary) and inform the lodge if you need additional help or equipment.
 - Stabilize any injuries (e.g. apply splint and slings) before loading the patient into the toboggan
 - Strap skis along side the patient in the toboggan
 - Clean up the scene before leaving. Remove any blood and smooth out deep ruts.
 - Call the lodge when you are leaving the scene and ask them to note the time,
 - Bring patient to the first aid room. Lodge staff should have the First Aid Room door unlocked and be ready to assist on your arrival.

