

## **SLNC COVID-19 Participant Agreement**

All Participants of Sovereign Lake Nordic Club programs agree to abide by the following points when entering club facilities and/or participating in club activities under the COVID-19 Response plan and Return to Play Protocol:

- I agree to undertake daily symptom screening checks, and will let my club know if I have experienced any COVID-19 symptoms in the last 14 days.
- I agree to stay home if feeling sick, and remain home for 14 days if experiencing COVID-19 symptoms.
- I agree to sanitize my hands upon entering and exiting the facility or training environment, with hand sanitizer and wash hands appropriately when expected.
- I agree to sanitize the equipment I use with soap and water provided by the club (shared and personal equipment only).
- I agree to continue to follow social distancing protocols of staying at least 2m away from others.
- I agree to not share any personal equipment during practice times.
- I agree to abide by all of my Clubs COVID-19 Policies and Guidelines including the SLNC COVID-19 Safety Plan.
- I understand that if I do not abide by the aforementioned policies/guidelines, that I may be asked to leave the club for up to 14 days to help protect myself and others around me.
- I acknowledge that continued abuse of the policies and/or guidelines may result in suspension of my club membership for the remainder of the 2020-2021 season.
- I acknowledge that there are risks associated with entering club facilities and/or participating in club activities, and that the measures taken by the club and participants, including those set out above and under the COVID-19 Response Plan and Return to Sport Protocols, will not entirely eliminate those risks.

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Signature Participant: \_\_\_\_\_

Signature of Parent or Guardian if Participant is a minor:  
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