

SOVEREIGN LAKE NORDIC CLUB
MASTER'S HP COACH - JOB DESCRIPTION

Position: Master's High Performance (HP) Coach

Reporting: Head Coach

Hours: Casual Part time Summer/Fall, Part Time Scheduled Winter

Wage: Competitive Wage Subject to Qualifications

SKILLS AND QUALIFICATIONS:

- High-performance Nordic ski experience, a strong technical and academic training in cross-country skiing
- Minimum CANSI Level 2 or NCCP T2T (Train 2 Train) Coaching Certifications
- Working knowledge of Nordic skiing and ski area operations
- Technically strong Nordic skier (in both classic and skate techniques) and a good role model for program participants
- Knowledgeable with Training Peaks
- Ability to take direction, function independently and manage multiple tasks and teams
- Demonstrated problem solving skills and ability to think and act independently
- Demonstrated team leadership and supervisory skills
- Ability to function in a team environment
- Demonstrates strong administrative and delegation skills
- Superior communications skills in working with team members and the public

GENERAL RESPONSIBILITIES:

Coaching

- Work closely with Head Coach on program development
- Primary focus will be on working with Master HP athletes
- Creation of a Masters HP yearly training program geared towards World Masters performance
- Write weekly year-round training plan and post on Training Peaks
- Provide 1 day per week of dryland training in the off season.
- During winter season will be responsible for scheduling three in person on-snow coaching sessions/week
- Possible travel to local/regional races for racing and waxing support
- Collaborate with Masters XC program

- Hold 2-3 coaching technique clinics with Master's XC volunteer leaders during winter

Administrative:

- Respond to emails, texts and phone calls from HP athletes
- Coordinate with Program Administrator all HP Programs, events, training sessions and competitions
- Ensure all waivers are signed and filed with the Programs Administrator
- Monitoring, answering and referral of general telephone, and email inquiries
- Member of the Programs Focus group
- Member of the Programs Advisory Team
- Liaise with the Masters XC Leads and bring concerns to the Programs Committee
- Act as the Masters Group Liaison on the SLNC Programs Committee

Customer Service

- Identify customer service issues, resolving them where possible and identifying chronic systemic or facility concerns to the Head Coach or General Manager