

Cross Country Skiing, Snowshoeing, and Dog Trail Etiquette at Sovereign Lake Nordic Club

- Snowshoers must use designated snowshoe trails only. Do not walk on groomed ski trails.
- Skiers have the right of way. Snowshoers use caution crossing the ski trails.
- Faster skiers should step around slower skiers when it is safe to do so. A friendly greeting is also recommended.
- Trails are two-way unless noted – use caution on hills and keep right.
- Downhill skiers have the right of way
- Please pack out all litter.
- If you come across a stick or debris that has blown onto the trail, if you are in a safe place, please throw it off of the trail.
- If you must herringbone to get up a hill, please do so on the skate lane as not to disturb the set track.
- If walking is necessary, stay to one side and avoid walking on set tracks and groomed trails.
- If you fall, move off the track and fill in any holes left behind so it is safe for the next skiers.
- Keep to the right when meeting oncoming skiers. Skaters should step into tracks when possible to provide more room for oncoming skaters.
- Keep clear of the track when not skiing. Stay well to the edge if rewaxing, chatting or resting. Don't stop at the bottom of hills or on blind corners.
- Be courteous and helpful to fellow trail users
- Always follow the proper direction on one-way trails.
- Do not ski or snowshoe on closed trails
- During races, speak with an official before venturing onto active race trails. They are likely closed to public use for the duration of the event. If you need to get back to the parking lot on a race trail, do so by following the direction of the racers, and staying OFF the competitive trail surface by going to the far outside edge of courses.

Before heading out...

- Check the weather forecast and bring along proper clothing and equipment.
- Sunlight can burn even on cold and cloudy days. Protect your skin and eyes from the sun and wind.
- Know your route. Trail maps are available in the warming chalet.
- Bring sufficient water with you to stay hydrated, and be on guard for signs of frost-bite and hypothermia.
- Understand the trail difficulty symbols to help you ski/snowshoe within your abilities.
- Snow conditions will change trail difficulty.

Etiquette for Dogs' Owners

- Dog owners must take responsibility for their animals at Sovereign Lake Nordic Club and land owners are not responsible for damage or injury that may occur due to your dog.
- At this time, only members can use our dog trails during the operating season.
- Your dog must be well-behaved, on a leash (as per BC Parks Requirements) at all times and must listen to your verbal commands.
- Do not allow dogs to roam free in the chalet, stadium or parking lots
- Only allow your dog visit with other people or dogs, when welcomed.
- Dogs that are aggressive to people or other dogs should not be at Sovereign Lake.
- Dogs are not permitted on the SLNC Snowshoe Trails and must remain on the designated dog trails only.
- Clean up after your dog immediately and use our waste cans to throw out your poop bags. Do not throw them into the woods as subject to a public littering fine as per BC Parks regulations.