



## **Race Information**

# **2022 BC Winter Games - Biathlon**

**March 23 to 26, 2023**

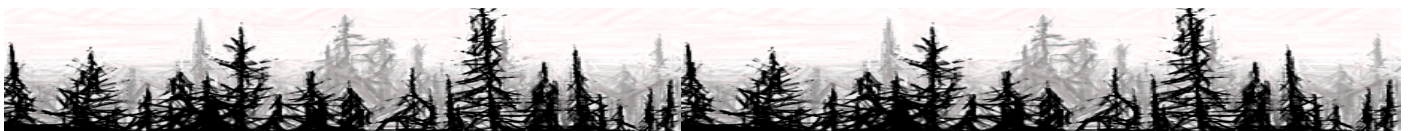
**Sovereign Lake Nordic Club  
Vernon, BC**

**Thursday, March 23rd: Open Practice & Equipment Check**

**Friday, March 24th: Sprint & 2 Person Team Relay**

**Saturday, March 25th: Pursuit & 4 Person Mixed Relay**

**Sunday, March 26th: Podium Search Athlete Testing**



# WELCOME

Dear BC Winter Games Athletes, Coaches and Parents:

Sovereign Lake Nordic Club welcomes you to the upcoming postponed 2022 BC Winter Games (BCWG) taking place from March 23rd to March 26th, 2023.

We are excited to host biathletes from around the province who will be competing in four biathlon competitions over two days.

The BC Games Society believes that everyone associated with the Games and Team BC:

- Have the right to participate in an environment that is supportive, positive, respectful, accessible, and that contributes to exceptional experiences.
- Have the responsibility to contribute in a positive way to the experiences of everyone involved in the Games and Team BC.

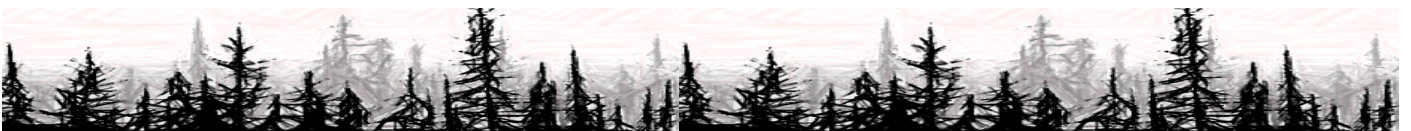
We are working hard to prepare our recently upgraded facilities to welcome all the athletes to our world class ski club. We hope you enjoy your time in the Greater Vernon area and create memories that will last a lifetime.

We are fortunate to have a wonderful group of dedicated and seasoned volunteers sharing their time and expertise to make BC's premier multi-sport event a success!

Competition Lead:	Phil Holmes-Peters
Technical Delegate	Peter Algra
Course Lead:	Laura Bot
Range Lead:	Scott Hanry
Timing Co-Leads:	Craig Ralph & Algis Masys
Stadium Lead:	Peter Algra
Competition Secretary:	Kerry Van Sickle
Sport Chair/Volunteer Coordinator:	Lynn Algra
Food Coordinator:	Susan Ghattas

On behalf of our Organizing Committee, I wish all of you good luck at these Winter Games, and we hope that you have a wonderful winter games experience.

Yours Sincerely,  
Kerry VanSickle  
Race Secretary on behalf of the Biathlon Organizing Committee



## COMPETITION VENUE

Sovereign Lake Nordic Club, Vernon. The facility is located 22km east of the City of Vernon, up Silverstar Road (48th Avenue in Vernon); just 2km west of Silverstar Mountain Resort. Signage is located on Hwy 6 as well as on Hwy 97 directing you towards both SLNC and SilverStar.

## COURSE MAPS

All competition information and course maps are available on Sovereign Lake's website: <https://www.sovereignlake.com/event/bc-winter-games/#/biathlon-events>

## DAY LODGE & MEALS

Sovereign Lake Day Lodge is open daily from 9:00am to 5:00pm.

The BC Winter Games Society will provide lunches for athletes, coaches and major officials. Sovereign Lake Organizing Committee will provide food for all volunteers.

The main lodge is located across the parking lot from the Biathlon Range and has the following amenities:

- Ticket Sales & Guest Services
- Rental & Retail Shop
- Washrooms & Tables/Chairs
- Packaged Food & Beverages for Sale

## VOLUNTEERS

1. Sign up for a Biathlon Volunteer Task [HERE](#)
2. Register on BCWG Volunteer Portal [HERE](#) for accreditation by March 16th
  - When registering at the above portal, make sure under the **First Choice** drop down menu, select **Sport- Biathlon**
  - If you need assistance, please email Lynn Algra at [biathlon@sovereignlake.com](mailto:biathlon@sovereignlake.com)

## TRAIL PASSES

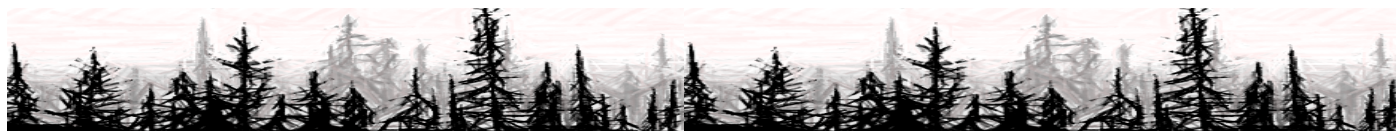
- BCWG Athletes & Coaches will have trail passes provided.
- Visitors/supporters who wish to ski can purchase tickets on site or online [HERE](#).

## COMPETITION OFFICE

The competition office will be located in the Biathlon Building at the range on Friday and Saturday from 8:30am until 4:00pm.

## TEAM CAPTAIN'S MEETING

The Team Captain's Meeting will be held onsite at Sovereign Lake on **Thursday, March 23rd right after practice from 3:15pm to 4:15pm at the Old Day Lodge**. Meeting will have a punctual start and end on time in order for team to get on 4:30pm Games Bus.

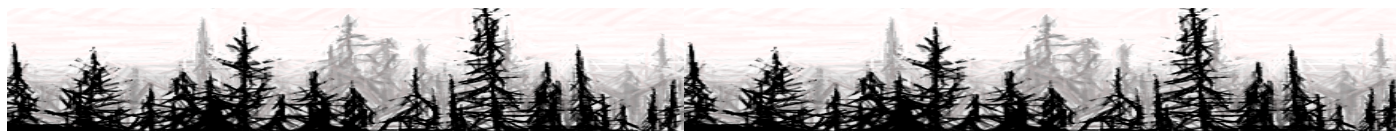


## EVENT SCHEDULE

THURSDAY, MARCH 23	
TIME	EVENT
13:00 - 15:00	Orientation, Open Practice, <b>Equipment Check</b>
14:45 - 15:10	Ski drop-off for Wax Protocol
15:15 - 16:15	Team Captain's Meeting @ Sovereign Lake Old Day Lodge
16:15	<b>Fri Relay Team Names Submission Deadline</b>
19:00 - 21:30	Opening Ceremony @ Kal Tire Place
FRIDAY, MARCH 24	
TIME	EVENT
09:00 - 09:30	Arrival and Bib Pick-up
09:30 - 09:45	Welcome Ceremony @ Cross Country Stadium
10:00 - 10:35	Morning Zero
10:45 - 11:45	<b>SPRINT COMPETITION</b>
12:50 - 13:20	Afternoon Zero
13:30 - 15:00	<b>2 x 3KM TEAM RELAY</b>
15:15 - 15:30	Ski drop-off for Wax Protocol
15:30 - 16:00	Medal Presentations
16:15	<b>Sat Mixed Relay Team Names Submission Deadline</b>
16:00 - 16:30	Zone Team and Officials Photos
SATURDAY, MARCH 25	
TIME	EVENT
09:00 - 09:15	Arrival and Bib Pick-up
09:15 - 09:50	Morning Zero
10:00 - 11:30	<b>PURSUIT COMPETITION</b>
12:50 - 13:20	Afternoon Zero
13:30 - 15:00	<b>4 x 3KM MIXED RELAY</b>
15:30 - 16:00	Medal Presentations
SUNDAY, MARCH 26	
TIME	EVENT
08:45 - 09:45	Podium Search (Athlete Testing) @ Priest Valley Gym
16:00 - 19:00	Volunteer Appreciation Event @ Vernon Recreation Centre

## START LISTS & RESULTS

Start lists and Competition Results will be available on [SLNC Website](#), online at Zone4 and posted on the Results Board by the Range.



## ZEROING & COMPETITION LANE ASSIGNMENTS

All athletes and/or teams for official training, zeroing periods and all competitions will be designated lanes by assignment only through the duration of the BCWG.

Bibs will be assigned for the Sprint and Relay competitions. Bib numbers will be assigned based on a random draw. Bib numbers will correspond to the lanes which the athletes will use during the competition. Pursuit bibs will be assigned based on the results of the Sprint competition. Athlete rifles may remain on the mat of their assigned lanes for the duration of the competition. Coaches may go to the mat and make sight corrections if they so wish.

## CLASSES OF COMPETITION

	Total Distance	Start Type, Interval	Number of Laps	Lap Length (Km)	Shooting Sequence	Missed Shot Penalty
<b>SPRINT</b>	4.5 km	Single, 30 seconds	3	1.5 km Orange	P-P	100m
<b>PURSUIT</b>	6.0 km	Single, 5 seconds	4	1.5 km Orange	P-P-P	100m
<b>2 x 3km TEAM RELAY</b>	3.0 km	Mass Start	3	1.0 km	P-P (3 Spares)	100m
<b>4 x 3km MIXED RELAY</b>	3.0 km	Mass Start	3	1.0 km	P-P (3 Spares)	100m

## RULES

All athletes at the BC Winter Games will compete in the Jr Boys or Girls Category and must abide by the applicable rules as per the [2022 Biathlon BC Hosting Policy](#).

## MEDALS

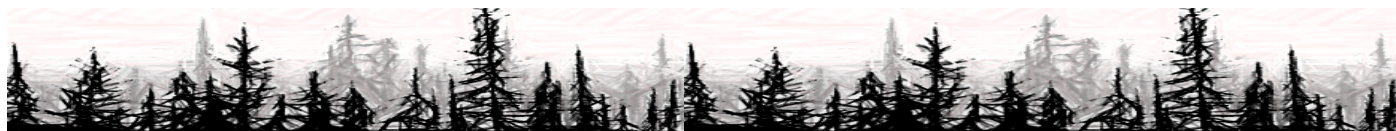
Medals will be awarded for each competition as follows:

- Sprint Competition: Top 3 Girls, Top 3 Boys
- 2 x 3km Team Relay
  - Top 3 Girls Official Teams (2 females from same zone)
  - Top 3 Boys Official Teams (2 males from same zone)
- Pursuit Competition: Top 3 Finishers in each Boy/Girl Category
- 4 x 3km Mixed Relay: Top 3 Official Zone Teams
  - Teams are 2 males + 2 females from same zone

Zones with extra or insufficient number of athletes may form unofficial teams comprised of mixed zone athletes. Unofficial teams are not eligible for medals.

## WAXING PROTOCOL

The Organizing Committee will be implementing a wax protocol for this event. Please make sure athletes' skis are dropped off in a timely manner.

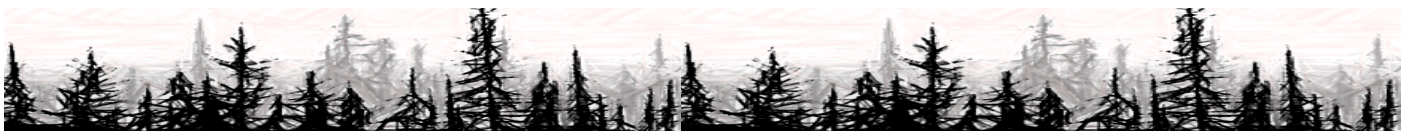
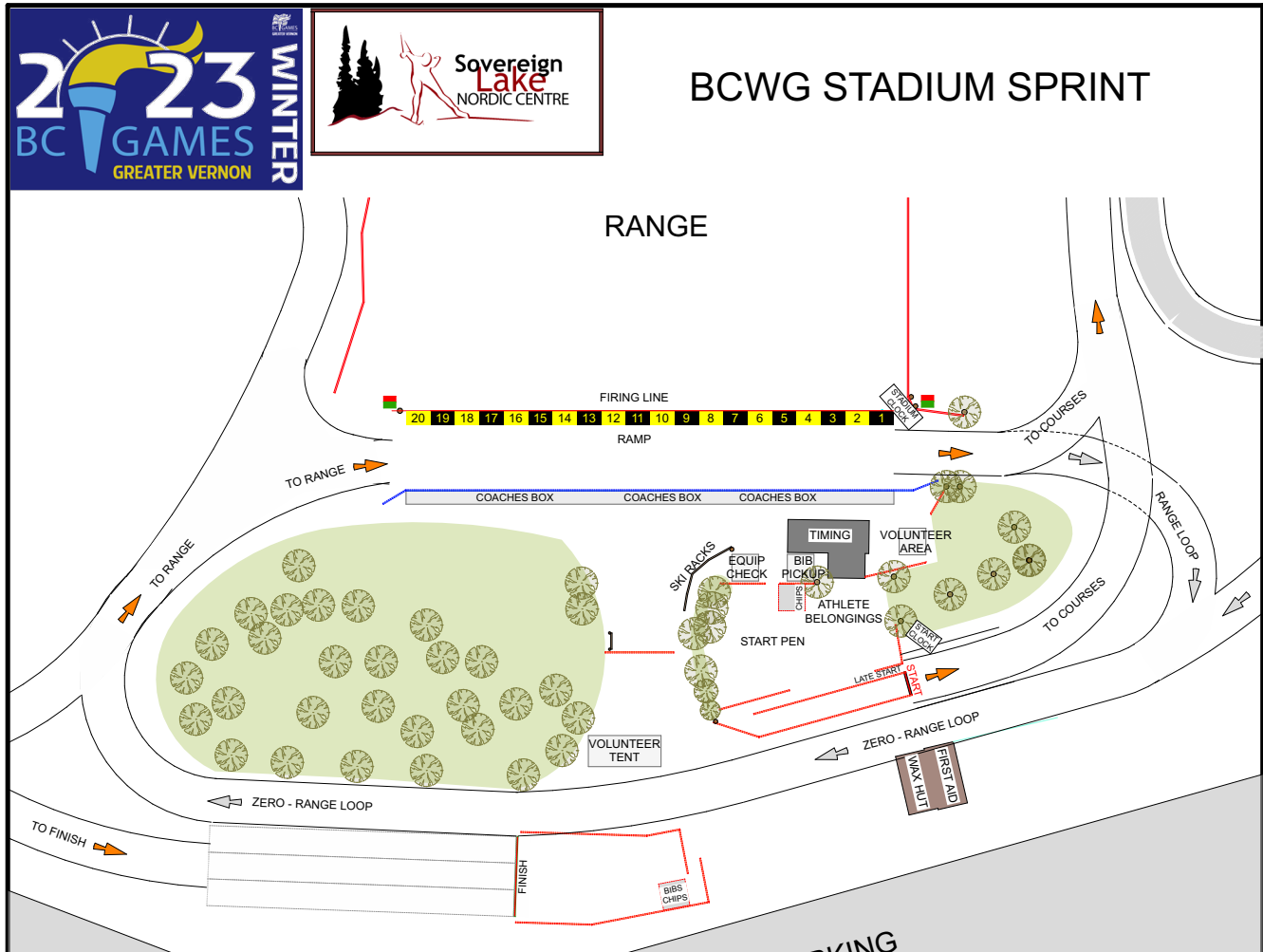


## CANCELLATION

If any changes or cancellations occur, the information will be posted on SLNC website and information will be communicated to the Head Coaches via email.

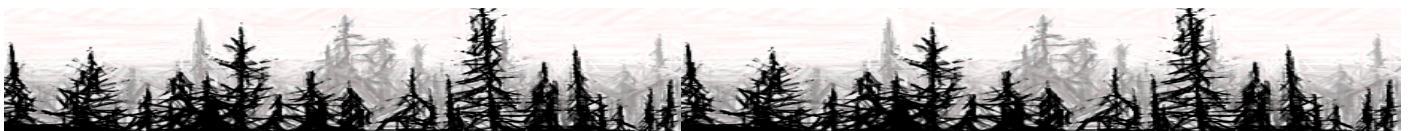
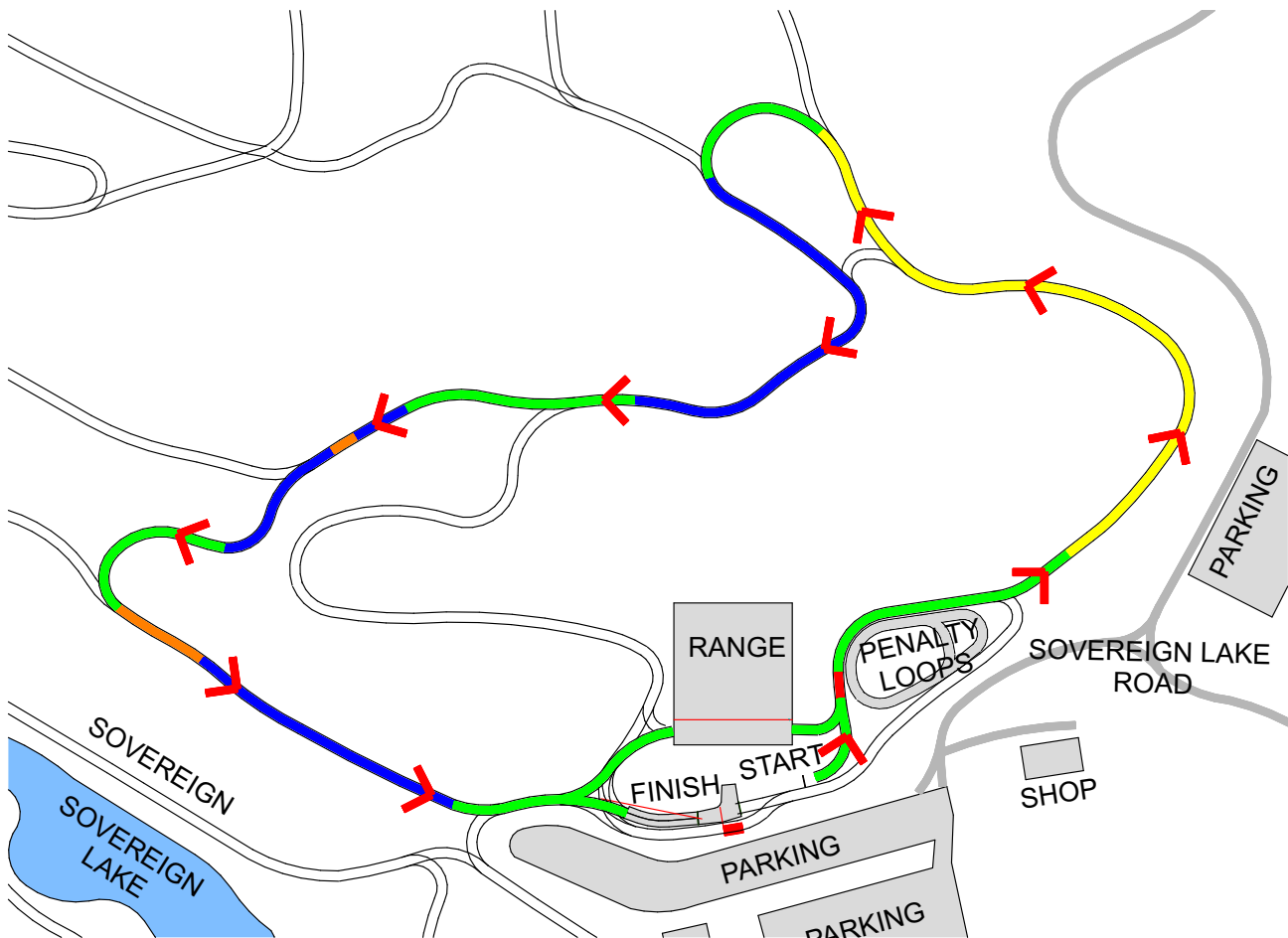
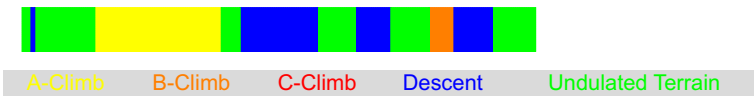
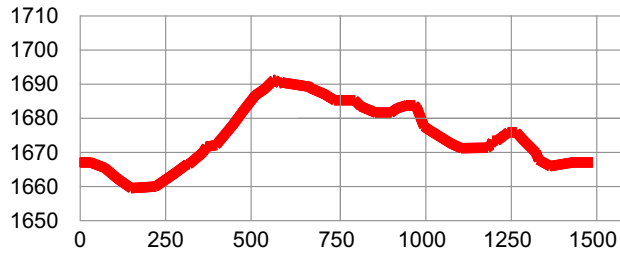
## CONTACT INFORMATION

Please direct any questions regarding this invitation to Kerry VanSickle, Competition Secretary, email at [kerry-vs@shaw.ca](mailto:kerry-vs@shaw.ca)



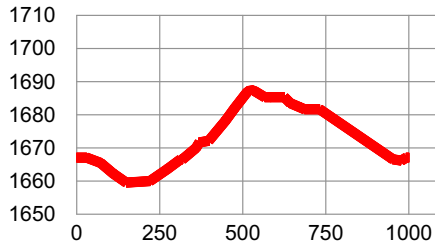
# 1.5 KM COURSE - ORANGE

Course Info	
Course Length	- 1465 m
Height Difference	- 34 m
Maximum Climb	- 34 m
Total Climb	- 40 m
Lowest Point	- 1651 m
Highest Point	- 1692 m

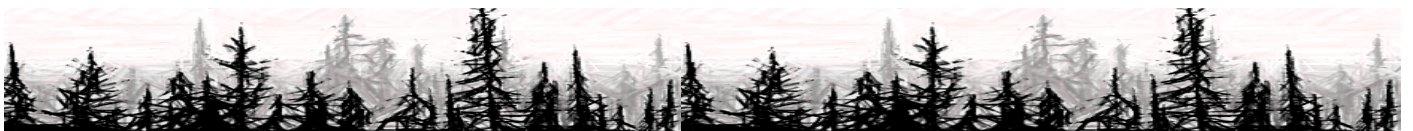
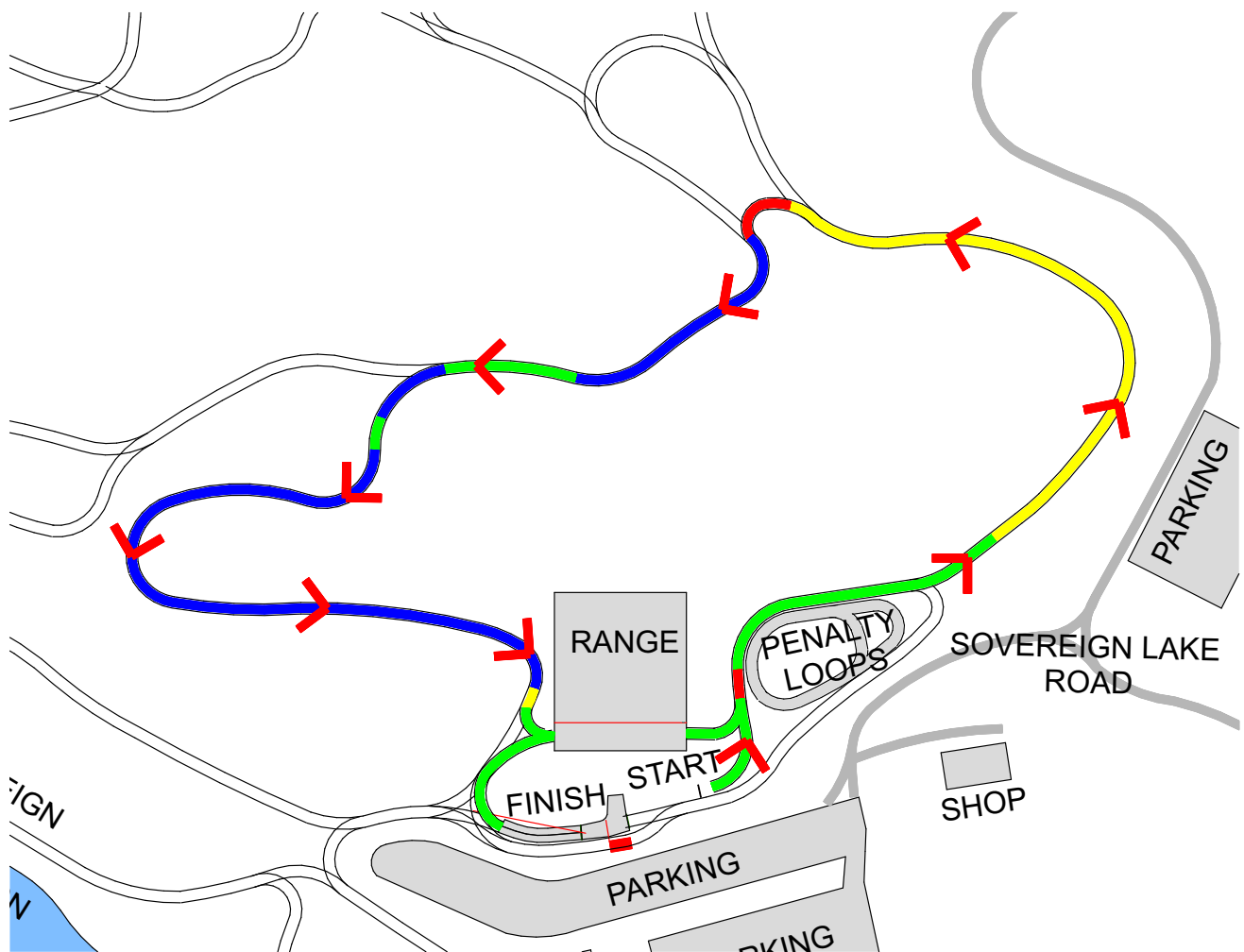


# 1000 M COURSE - PURPLE

Course Info	
Course Length	- 1000 m
Height Difference	- 29 m
Maximum Climb	- 29 m
Total Climb	- 31 m
Lowest Point	- 1659 m
Highest Point	- 1688 m

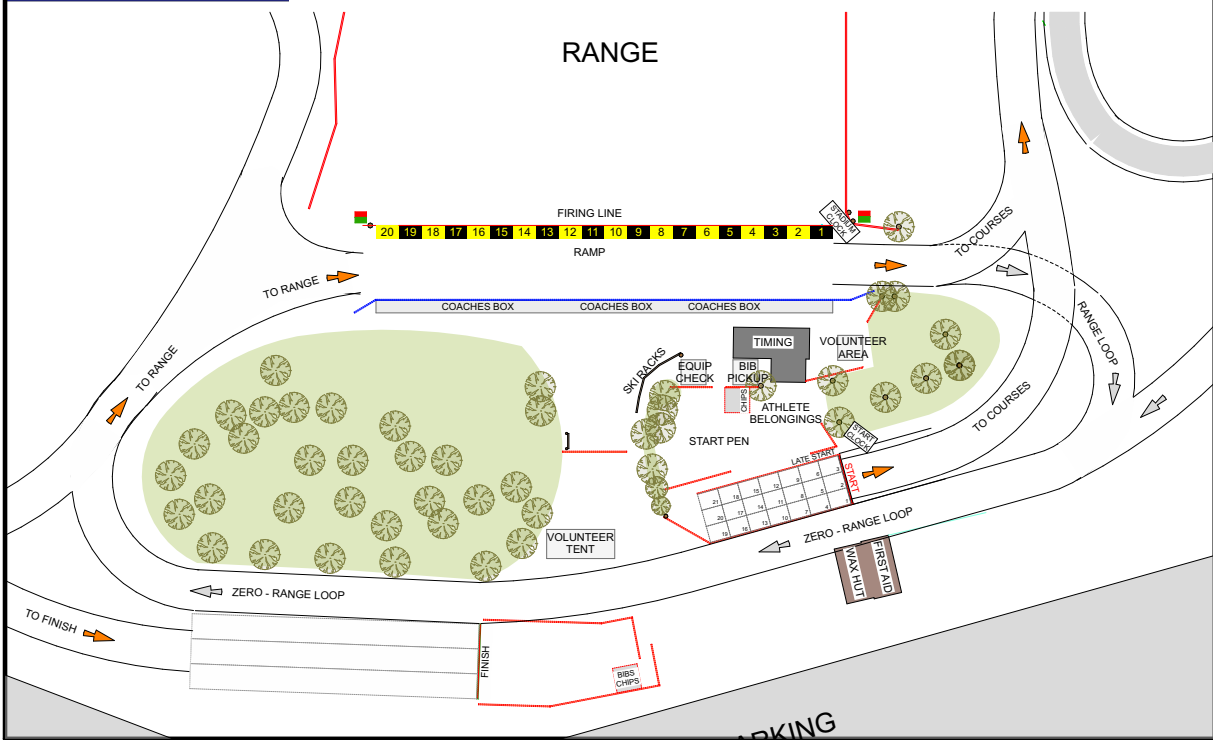


A-Climb   B-Climb   C-Climb   Descent   Undulated Terrain





# BCWG STADIUM PURSUIT



# BCWG STADIUM RELAYS

