Participant Survey Results: Skill Development Program (SDP) 2024/25

Thank you to all those who participated in the Skill Development Program and to those who completed the participant survey. The results will be discussed among staff, coaches and the Programs Committee to help improve our programs for next season. This report includes a summary of the main findings followed by responses to survey items. We received responses from 23 participants, (13%).

Skills Development Program Description: This group of programs is designed for children ages 3-18 years of age. The Bunnies, Jackrabbit, Track Attack, Train to Train, Learn to Compete, Winter Fit, and Biathlon Programs offer a fun way to learn essential ski techniques, coordination and balance skills through games, challenges and fun while developing a love for being on their skis.

NOTE: Participant numbers grew from 141 in 2023/24 to 175 this year, with the largest jump in Track Attack participants. Due to availability of volunteer coaches, numbers were capped, especially for Bunnies and Jack Rabbits, and Winter Fit registrants were invited to join other programs.

Summary of Main Findings

Program Participants:

- 175 people participated in the SDP Programs in 2024/25.
- Word-of-mouth was the most common way people heard about the program, with online platforms like the website and newsletter also mentioned.
- Most people joined the program to build skills, for enjoyment and to meet other people with similar interests and abilities.

Communication:

- Communication from the Program Administrator and Coach was reported to be clear and timely.
- All of the participants thought the program description on the website was clear and accurate.

Program and Coaching:

- The overall program goals were overwhelmingly met. The technical guidance, logistics and race support responses were positive for over 90% of respondents.
- Theme days were a hit with all but one individual.
- All respondents agreed that the programs provided good value and 22 of 23 said they would recommend the program to others.

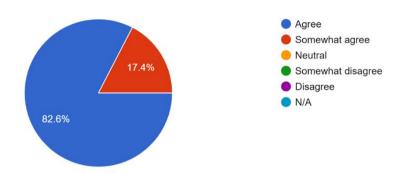
Suggested Improvements:

- The first day of programs is challenging with the sheer volume of people attending. Having a graduated start was suggested to help mitigate this.
- Several suggestions were offered for fine-tuning organization and delivery of the programs.

Communication

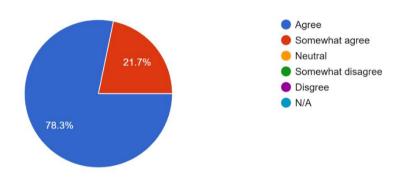
Program Information on the SLNC website was clear and accurate.

23 responses



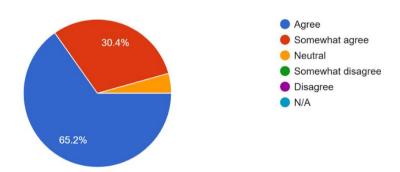
Communication from the SLNC program administrator was timely and clear.

23 responses



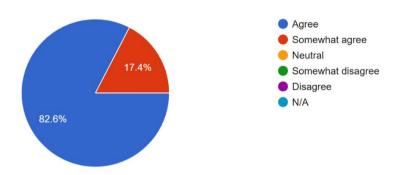
Communication through Team Snap worked well.

23 responses

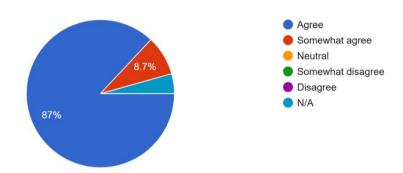


Program and Coaching

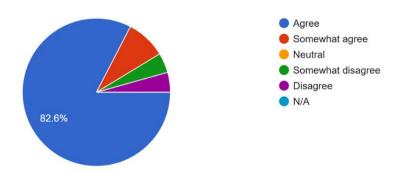
The program delivered what was outlined in the description on the website ${\tt 23\,responses}$



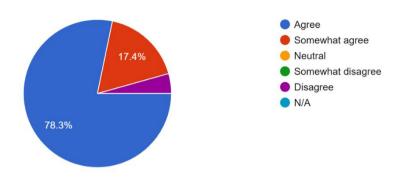
Communication from the coach was clear and timely. 23 responses



Logistics of the program were well-organized (e.g., session start and end times, meeting place) ^{23 responses}

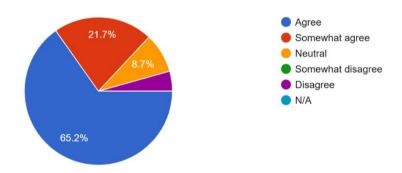


Your child received helpful technical guidance appropriate to their skill level. ²³ responses



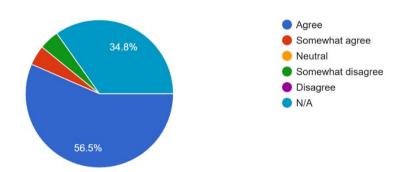
My child enjoyed participating in theme days.

23 responses



I/my child was supported by coaches at races.

23 responses



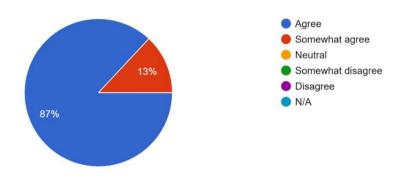
Suggested Improvements

- Scheduling and organizing: (1 mention unless otherwise noted)
 - Kids were left behind, without instructions for where the group was going (2 mentions)
 - Start Club night at the beginning of September
 - Chaos on day 1 of lessons, with so many children to assess.
 - Start times too close together and scheduled on event days made parking really difficult
 - o Provide options for Bunnies who are ready and wanting to ski.
 - Make the programs more affordable.
 - Coordinate for fewer overlapping races.
 - Consider a bit earlier, such as 5:00 or 5:30pm
 - Bring back lessons for parents
- Sessions: (1 mention each)
 - Less drills, more practical skills (e.g., uphill, downhill, cornering) practiced on trails
 - Provide shorter lessons for the youngest Bunnies.

Overall

The program provided good value.

23 responses



I will recommend the program to others.

23 responses

